In this edition, look out for...

- HARVEST FESTIVAL
- EUROPEAN DAY OF LANGUAGES
- CHRISTMAS

OAKFIELD LIFE

CE AIDED PRIMARY SCHOOL

We're working towards Artsmark
Awarded by Arts Council England

Dear Parents and Carers,

Well we've certainly welcomed Autumn to Oakfield this week; our beautiful grounds are covered in leaves, acorns and conkers – our resident squirrels have been spotted running up the tree in the early years' garden this week ready to hide their acorn treats for the winter! The chilly winds come straight up onto our playground from the Solent so please remember to send a sensible coat to school every day so that the children can stay warm and enjoy their outdoor learning and play experiences.

New Partnership

We are always seeking ways to support children and families as well as we can and have strong working relationships with many professionals and agencies. A new partnership for us this term is with the Primary Behaviour Service. The Primary Behaviour Service primarily works with mainstream primary schools. The service supports children who do not currently have an Education, Health and Care Plan (EHCP) by providing early, targeted support through a child-centred approach. The service aims to: remove barriers to learning, help children get the most from their education and reduce exclusions. I have been really impressed with their service so far; they recognise that our Optimising Behaviour Policy priorities building trusting relationships with children and families and that sometimes a personalised approach is needed in order to meet the needs of all

Autumn Headteacher briefing

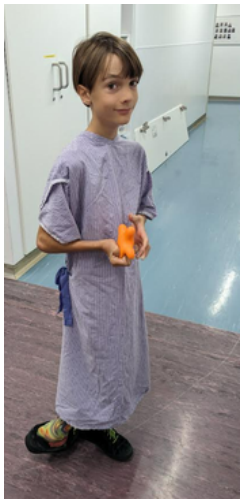
Monday 20th November
2.15pm in the hall

Every term all parents and carers are invited to my Headteacher briefing. This time I will share information and updates about the following:

- School Improvement Priorities
- Primary Behaviour Service
- Pupil progress acceleration groupings for maths
- 2023 outcomes
- Ofsted report findings (if published by then)

I look forward to seeing you there – refreshments provided!

Finally, one of our amazing pupils, Jasper, has had major surgery on his foot this week. He has been so brave and really done his family proud. On behalf of all of the Oakfield family, I'd like to wish him all the best for a speedy recovery. Jasper, we look forward to seeing you soon!



Have a lovely half term break everyone.
Best wishes,
Mrs Reader

SCHOOL VALUES & LINKS WITH ST JOHN'S CHURCH

Messy Church -

Our theme was looking after the world, protecting God's Creation.

We made fondant icing fruits, did some leaf and potato printing, made sock puppet creatures and drew pictures of the natural world around us to decorate a large map of the world. There was also playdough, colouring and construction for our younger participants. We had two stories and sang some well known songs!

The afternoon was rounded off with a delicious tea complete with sandwiches, cakes, yogurt and fruit.

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JOIN US

...next time on November 11th and December 9th 2pm-4pm in the Church Hall

We are always so delighted to welcome our wider Oakfield Families for our...

CLASS LED WORSHIPS

Collective Worship

We thoroughly enjoy opening our doors for families to come along and see their child's class lead our whole school worship.

Each class will share a worship theme with the whole school once a week. This may link in to our whole school theme for the half term e.g Generosity or they may share a theme relevant to their learning. With moments to reflect and hear their thoughts and views, be sure to come along when it is your child's class' turn!

Class Worship Dates for this academic year

Class:	Year Group:	Date:
Mrs Stanford/ Mrs Doyle	6	9th November 2023
Miss Chessell/ Mrs Cascarini	4	11th January 2024
Mrs Rowe/ Mrs Scovell	3 / 4	8th February 2024
Mr Snelling	5 / 6	28th March 2024
Mrs Robinson/ Mrs Cascarini	5	18th April 2024
Miss Kent	1	16th May 2024
Mrs Robinson	2	13th June 2024
Miss Walls	Reception	4th July 2024

LITTLE ACORNS NURSERY

'Nursery in Nature'

At Little Acorns Nursery this half term we have welcomed lots of new children to our Oakfield family. We have enjoyed sharing our adventures with them, particularly one of our favourite places to go in the local area; Appley Beach.

We have worked our hand muscles and practised our fine motor skills by using our hands in lots of different ways- scooping sand to find shells, stones, sticks and other treasures, some of us also made different shapes and marks in the sand using our fingers or sticks.

We also practised our listening skills as we listened to the waves crashing into the stones, the birds singing and the sound of the stones under our feet. We used our gross motor skills to climb and pull our bodies up on to the wall.

At Little Acorns, talk surrounds everything we do. We learnt new vocabulary as we described how sand felt; rough, chilly and how the stones sounded; crunchy, loud. We also talked about what we could see and learnt about our local area. We could see Portsmouth across the water, we could see fluffy cloud moving slowly and the waves splashed up and down.

ONLINE SAFETY KEY MESSAGES THIS HALF TERM

In today's digital age, it's more important than ever to prioritise your child's safety online.

If you need help with the safety features on your child's device, please ask.

It has come to our attention that there is a WhatsApp group called 'Add Everyone' which is an inappropriate group containing adult content, and people are being added without their consent. We understand that the police are aware.

Please could you monitor your child's devices to ensure that they are not part of this group and ask that they be vigilant around being added this group.

WhatsApp has a privacy feature that allows users to decide who can add them to groups. By default this is set to 'everyone' and so it is recommended that you limit this. This can be changed if you go to Settings > Privacy > Groups. From there, it is possible to select who can add you to groups; either everyone, contacts, or contacts with chosen exceptions.

WhatsApp

For further information about how to keep your children safe online, please visit; www.nspcc.org.uk/keeping-children-safe/online-safety/

OAKFIELD C.E. AIDED PRIMARY SCHOOL

APPLEY ROAD, RYDE, PO33 1NE

IF YOU WERE UNABLE TO VISIT ON A FRIDAY MORNING IN OCTOBER, PLEASE CALL THE SCHOOL OFFICE BECAUSE WE WOULD BE DELIGHTED TO WELCOME YOU AT A DIFFERENT TIME, THAT SUITS YOU BETTER.

TERM TIME ONLY

OUR RECEPTION CLASS WAS OVERSUBSCRIBED IN 2023, SO IT'S ESSENTIAL TO APPLY BEFORE MON 15TH JANUARY

COME AND SEE US IN ACTION!

WWW.OAKFIELDCEPRI.IOW.SCH.UK

PHONE 01983 563732

Starting School in September 2024?

DURING THIS TIME, THERE IS THE OPPORTUNITY TO COME AND SEE OUR NURSERY...

Little Acorns Nursery School

A NURSERY SCHOOL IN NATURE.

for children aged 2 - 4 years

At Little Acorns, children have daily opportunities such as forest school and beach school in addition to high quality outdoor EYFS Provision.

Learning through play

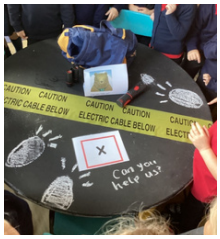
daily time spent in nature and exploring our local environment

LIMITED SPACES REMAINING... ENQUIRE NOW!

EYFS

We're going on a bear hunt...

You'll never guess what we found when we came to school... paw prints all over the floor in the classrooms and even on the door!

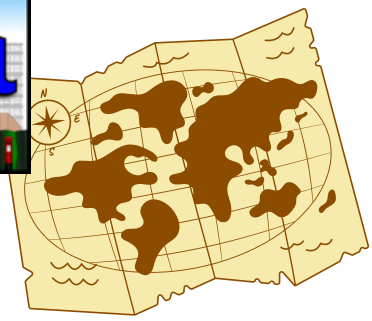


Together with Miss Walls, we followed the footprints and discovered a rucksack, torch and binoculars with a picture of a bear on a piece of paper saying "Can you help us?" Using clipboards, we searched for more clues to solve the mystery of the paw prints!

Then, the bear came into school when we had all gone home! The bear surprised Miss Kent, Lainey and even Mr Lycett! Apparently the bear was lost and the adults had to help the bear find his way back to the cave.

Miss Walls said it was a bit like the story 'We're Going on a Bear Hunt.' We listened to the story and even acted out the different parts. Lots of us love the ending when the family run all the way back home!

YEAR 1



As part of our Geography this half term, we have been looking at maps and locating landmarks.

Thanks to the wonders of technology, we have flown over London and stopped to admire Tower Bridge and Buckingham Palace, and explored our Island, town and school grounds.

To bring this to life we decided to set off on a morning stroll around Elmfield to investigate local landmarks that we probably pass every single day. We spotted all of the landmarks on our I Spy Sheet and lots more also.

We discovered patterns everywhere in nature and wonderful Autumnal colours as we crunched through the fallen leaves. We spotted numbers on doors and buses, and read signs and number plates. We listened to loud motorbikes and followed an aeroplane as it flew overhead.

When we returned to school we worked in groups to record our observations and then shared our findings with the rest of the class.

SAVE OUR SEAS!

In the Summer Term, Year 1 (now Year 2) invited the Mayor of Ryde, Richard May, and his wife Katherine, into our class for a Cup of tea and biscuit.

We wanted to tell him how worried we are about plastic and other rubbish that can end up in the sea and threaten sea creatures.

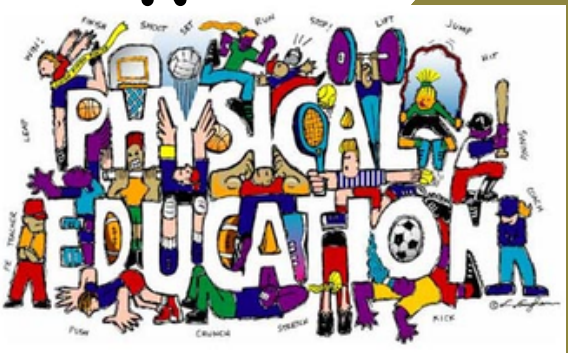
Mr May and Katherine listened very carefully to our worries and enjoyed watching us act out the story. We gave the Mayor some of the posters we had made and he put them up outside Ryde Town Council so everyone will think twice and use a bin!

YEAR 2

This term Year 2 have been learning lots of new skills during our PE Lessons. When indoors they have been working on their team building skills and outdoors their fundamental skills. It has been an absolute pleasure to see all the children smiling, laughing, concentrating and having fun during our PE lessons.

INDOOR PE TEAM BUILDING

The children have had to work hard on their listening skills during our indoor PE. They have enjoyed working together as teams to overcome challenges they have received. They have had some tricky ones to beat. My favourite being trying to get from one side of the hall to another with only 4 hoops. This took some practice.



PE OUTDOOR FUNDAMENTALS

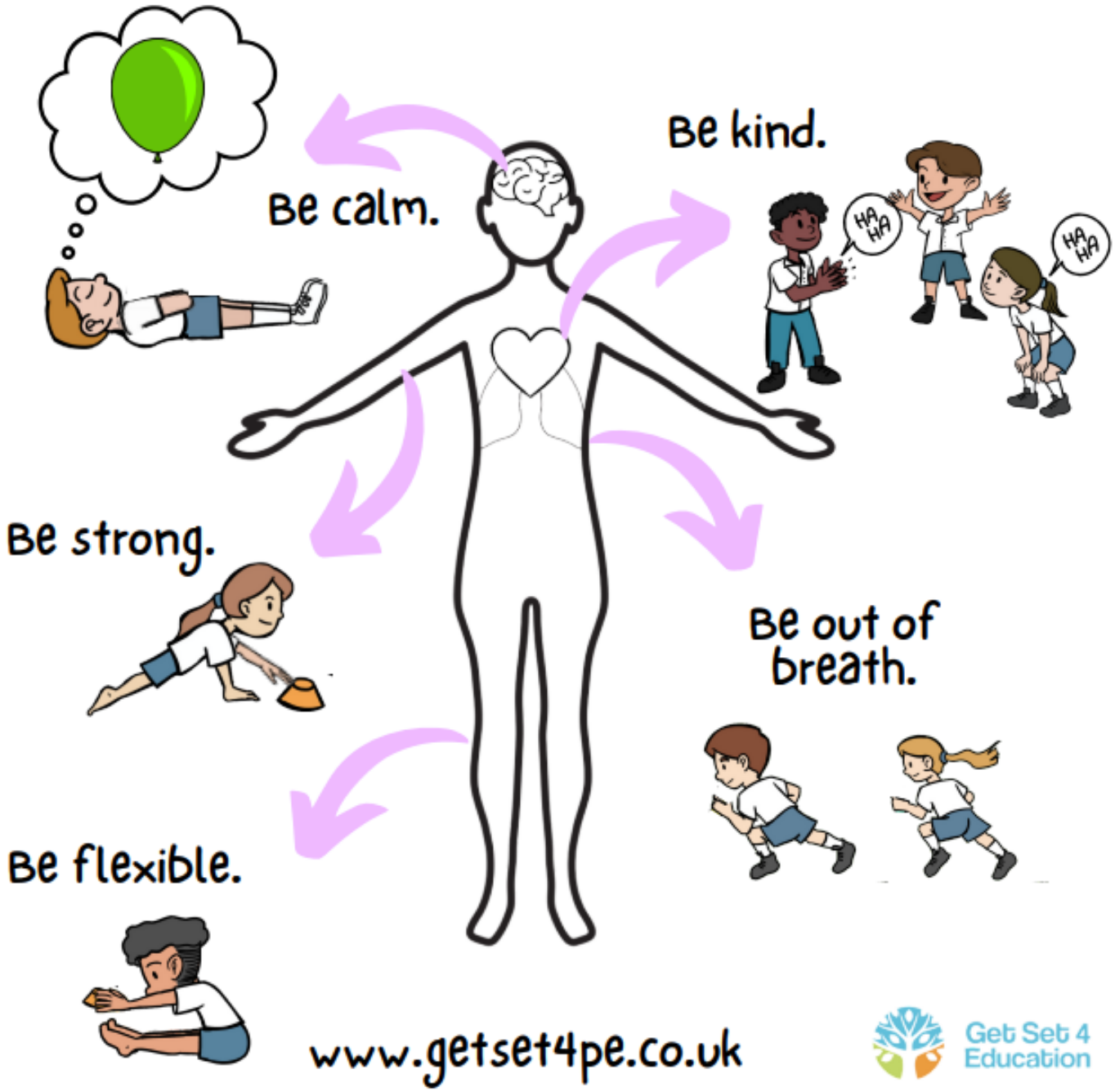
When outdoors the children have been working on their jumping, skipping and sprinting skills. It has been great to see so many of them improve over the weeks. Lots particularly struggled with skipping, but with some practice they overcame their barrier! Now let's just say they skip EVERYWHERE!

Healthy Me

Get Set 4 P.E.

there are lots of things that help to keep us healthy. See if you can complete these healthy challenges on National Fitness Day.

Don't forget to colour in the correct body part after you have completed it.



www.getset4pe.co.uk

Get Set 4 Education

Get Set 4 P.E.

Healthy Me Instructions

There are lots of things that help to keep us healthy. See if you can complete these healthy challenges on National Fitness Day. Don't forget to colour in the correct body part after you have completed it.

Be calm...

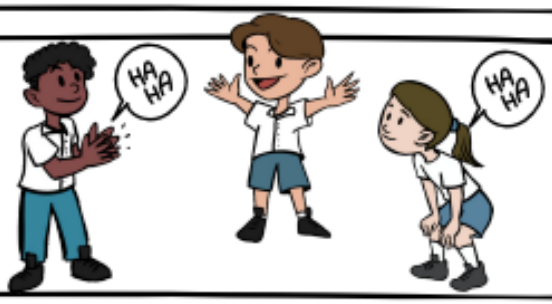
Colour in the mind.

Lie down, close your eyes and place your hands on your belly. Imagine that your belly is a balloon. Start by taking in a slow, deep breath through your nose and imagine filling up the balloon. Next breathe out slowly, deflating your balloon. Repeat a few times noticing your balloon getting bigger and smaller.

Be kind...

Colour in the heart.

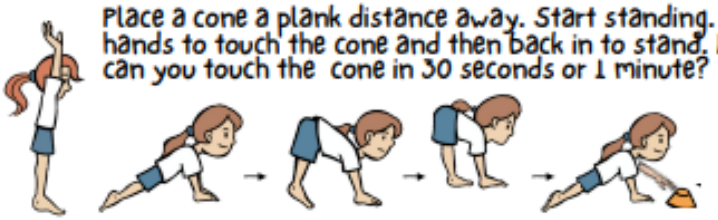
Making someone laugh can be such a lovely gift. Plan your best joke and share it with as many people as you can. How many people can you make laugh today?



Be strong...

Colour in the arms.

Place a cone a plank distance away. Start standing. Walk your hands to touch the cone and then back in to stand. How many times can you touch the cone in 30 seconds or 1 minute?



Be out of breath...

Colour in the lungs.

In pairs labelled either monkeys or mice. Children face each other with a line or cones behind each of them. Complete a movement action on the spot until the teacher calls 'monkeys' or 'mice'. Called players try to catch their partner before they reach the end line behind them.

Play a few rounds before changing partners. Movement actions could include dancing, star jumps, hopping, touching the floor and jumping, as well as the children's ideas.

Be flexible...

Colour in the legs.

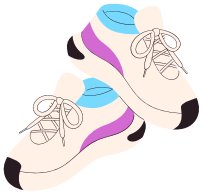
Sit in a pike position. Keep your legs straight as you reach forwards and place a cone as far as you can. No throwing. Have three attempts. Can you reach a little further each time?

Get Set 4 Education

@getset4ed #healthyme #FitnessDay

20.09.2023

NATIONAL FITNESS DAY



National Fitness Day 2023 took place on Wednesday 20th September and was a chance to highlight the role physical activity plays across the UK, helping us to think about the important part it plays in leading healthier lifestyles.

This year, the message was about this being the starting point of our journeys towards living a healthy life as well as bringing people together.

#FitnessDay aimed to celebrate what fitness means to people by promoting that keeping physically active means something different to us all. The day was about breaking down the barriers that stop people being active, showing that fitness is for everyone!

At school, we took part in the day by doing 10 minutes of exercise together at 10am! Everyone joined in and we had lots of fun, this was followed by talking about how it made out bodies feel and the importance of keeping active.

OLIVIA HOLBROOK

SQUASH SUPERSTAR

Olivia trains at Westridge where they cater for all ages and abilities. If anyone is interested in taking up Squash, please ask at the school office and we can pass on the contact details.

Olivia entered the Hampshire County Squash Tournament in September - You might remember that last year we shared how she entered and won the U9s... and this year she won the U11s and came fourth in the U13s!!

Her parents have shared that she was amazing! And her older sister Millie won the U13s!

What a super sporting pair - Well Done girls!

Spanish

Making Friends

We have sent homemade, European Day of Languages inspired postcards to our link school in Burgos, Spain.

The European Day of Languages was first held in 2001 to celebrate the fact that there are over 200 languages spoken in Europe. Learning foreign languages helps you to understand other cultures; travel and study abroad; live and work in different countries and make new friends.

A new link has also been forged with our neighbouring school, St. Mary's. The MFL lead brought a group of budding linguists to meet some of our students. We exchanged friendship bracelets, postcards and a card as well as some sweet treats.

We're planning a song competition in the summer term.

At Oakfield, we started the day with a whole school assembly, giving the children the opportunity to recite poems in Spanish, Ukrainian and Polish. New Language Ambassadors were chosen to join the growing team. They were presented with certificates and badges. Their role is to promote languages and to help others.

Throughout the day, Early Years listened to an Italian song about different professions some children wanted to be when they grow up. Click on the link to hear the song.

https://www.youtube.com/watch?v=Yc5L4Rl_mNg

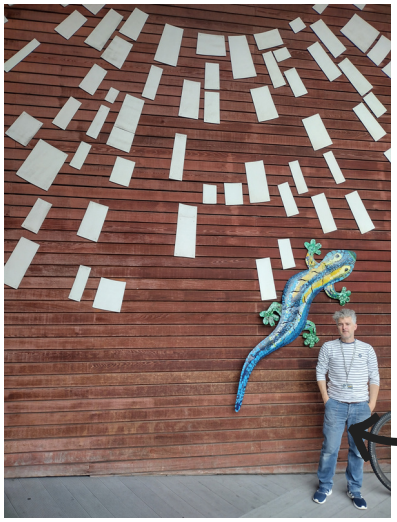
Continuing the Italian theme, the children made pasta necklaces.

It has now become a European Day of Languages break time tradition in our school to hunt for stones decorated with European flags and a word or greeting written on them. This year, 3 pupils in year 6 wrote the most words and won a collective first prize.

Year 1 chose Ukraine. Years 2 and 4 chose Poland as their country, the older children finding out facts about the country and its people, while the younger children tasted Polish food, kindly brought in by one of our Polish families.

Years 3/ 4 learnt about Northern Spain with Mrs Rowe, and even did a mock pilgrimage, the Camino de Santiago.

Upper KS2 made fact files about Portugal and Spain. Year 6 chose Barcelona. They focussed on Antoni Gaudí, a renowned architect who was inspired by nature. Their lizard, painted to replicate Gaudí's Lizard, now hangs in the Quay Art Centre in Newport.



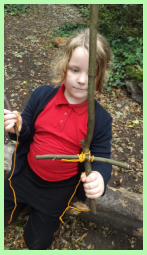
The photo shows Mateo in his temporary setting with Ian Whitmore, the Quay's Visual Arts Manager. In the next few days, they are going to put him in a more permanent place. Can you find him?

www.coe.int/edl #coeEDL

OUTDOOR LEARNING AT OAKFIELD

This term we have made our Forest 3 metres wider! This has given us even more space for all of the activities we have been doing!

We made swords to celebrate our Isle of Wight Day which was Roman themed.



As we returned to the forest after the summer holidays, we checked for any changes. We noticed that 3 trees had been cut and had created lots of logs!

We had a go at 'fire striking' using Flint and Steel equipment.

We made mud pumpkin pictures!

We regularly listened. We listened to the birds and enjoyed feeding them.

We used tea and coffee to enhance our soil and create food for our tiger worms.

·We enjoyed carving animals, birds and flowers on the pumpkins

We were excited to have a go on the climbing rope (slack line) and we were brave in trying to get all the way across.

EXPLORERS, GARDENING & BEE KEEPING

ACORN AWARDS

During these Acorn Awards, the children spend time with Mrs Maguire learning to respect and care for the world around us. This half term they have...

- *loved and respected the nature around our school site*
- *Harvested Garlic, Potatoes and Carrots*
- *Explored and identified the flowers and plants around the school*
- *Cared for and replanted Tropical Plants.*
- *Continued to make Oakfield school compost to reuse*

YEAR 3

Swimming

Year 3 have been to their first ever school swimming lessons this half term! They missed this opportunity in EYFS due to COVID.

Everyone was so excited- if a little nervous at first!

The behaviour, effort and attitude shown by all pupils has been exemplary - well done year 3.

Our very own Oscar Illston was named 'Best new swimmer' for the month of September by the Waterside Pool swimming teachers. His photo is now displayed in the poolside gallery and will remain there for 12 months.

Congratulations Oscar - we are so proud of you!

Oscar was chosen out of all pupils who attend the pool for lessons so this is a massive achievement for his resilience and trust in the swimming teachers to be recognised. As much as we love our swimming lessons!

WATERSIDE COMMUNITY TRUST

To find out the timetable for half term swimming and fun sessions, click here
https://www.watersidepool.co.uk/timetable

YEAR 3/4

In year 3 /4 this half term we have been exploring rivers and where they come from.

We created our own rivers outside using sand, compost, leaves, stones, bark chippings and of course water!

We looked for meanders and the different courses the river has.

We discovered that their source can be up in the mountains and all rivers eventually end up at the sea or a lake.

YEAR 4

MUSIC

THIS TERM, WE HAVE REALLY ENJOYED OUR MUSIC LESSONS WHERE WE HAVE BEEN COMPOSING OUR OWN MELODIES USING THE PENTATONIC SCALE. WE HAVE LEARNT LOTS OF NEW MUSICAL VOCABULARY (PITCH, GLISSANDO, GRAPHIC NOTATION, SCALE, PENTATONIC SCALE, TEXTURE, MAJOR, MINOR, SCORE, PULSE, MELODY) AND HAVE REALLY ENJOYED USING THE TUNED PERCUSSION INSTRUMENTS.

OUR LESSONS HAVE LINKED TO THE TOPIC OF RIVERS AS WE HAVE TRIED TO REPLICATE THE SOUND OF A RIVER ON ITS JOURNEY. TO HELP US WITH THIS, WE LISTENED TO THE SONG 'VLTAVA' BY BEDRICH SMETANA WHICH WAS COMPOSED IN 1875.
THIS SONG REPRESENTS THE JOURNEY OF VLTAVA RIVER AS IT TRAVELS THROUGH WOODS AND MEADOWS, PAST A FARMER'S WEDDING, PAST THE DANCE OF THE MERMAIDS AND A HUNT ON HORSEBACK, BEFORE REACHING THE SEA. TO FINISH THE UNIT WE WILL BE COMPOSING A SONG IN THE STYLE OF A BARCAROLLE.

YEAR 5

Our R.E topic this half term has been Creation and Science: Conflicting or Complementary?

We have been looking at the Christian story of Creation. We enjoyed retelling this story through different media. Some of us enjoyed creating an artwork frieze of the 7 days of creation. This frieze depicted what happened on each day, according to the Bible story. Some of us retold the story through a comic strip and some of us enjoyed writing the story, in our own words.

Our next step was to compare this story with our own views of how the world came into being. We discussed a range of theories, practising good listening and responding respectfully to each other when our ideas were different to those of our friends.

We used a Venn diagram for an activity to help us think about questions about our world that Science can answer and questions that can be answered through the Bible. We discovered that some questions can only be answered by Science, some by Christianity or belief, some a mixture of both. We found that there are some questions about life that are not given a definitive answer by either.

We discovered that even amongst Christians, views on creation can vary. We discovered that some Scientists are also Christians. We discovered that some people who do not call themselves Christians believe in the Creation story. In our class there are a range of views and opinions on how the world came into being. We learned to respect the views of others, even when they differ from our own. This is one of our British values.

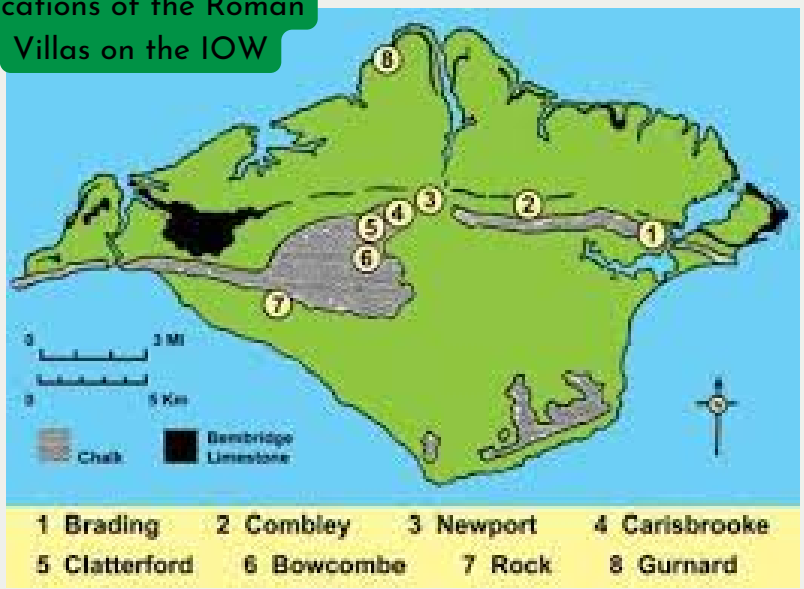
YEAR 5/6

Roman Villas on the Isle of Wight

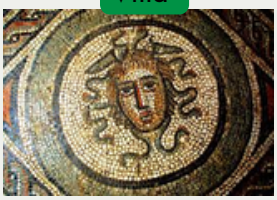
As part of Isle of Wight Day, we spent some time finding out about the Roman Villas on our wonderful Island.

Firstly, we looked closely at the location of Roman villas on the Isle of Wight during Roman times.

Map of the known locations of the Roman Villas on the IOW



Mosaic inside Brading Roman Villa



Brading Roman Villa

Then, we found these locations on a modern map. Finally, we tried to show the villas location on our own maps of the Isle of Wight.

YEAR 6

It has been an incredible start to the Autumn term for our Year 6 children! We have packed in so much learning and new experiences into such a short amount of time. The obvious highlight was our Year 6 residential, I cannot tell you anything about it as it was a top secret mission, however there may, or may not, be some sneaky pictures on our page!

We started our Literacy learning with a fabulous hook to engage all learners - the circus came for a visit! We were able to attempt plate spinning, juggling pins and much, much more. It really helped us to understand how the main character in our text felt when he performed his tricks.

We used parenthesis and cohesive devices to write about Philippe. This is a piece of work by Reed...

Philippe -a very good dancer- wanted to go on a rope between the twin towers. His favourite thing to do was to dance around on ropes across something and today he wanted to go on a rope across the twin towers.

Philippe Petit -a street performer- was juggling on a unicycle in the middle of the park. One thousand or more people were shouting his name so loud even people 1000m away could hear them.

Reed

Can you find the cohesive devices Reed uses in his writing?
What job does the parenthesis do in his sentences?

HARVEST Festival

Our Harvest Festival was a whole school event, with lots of parents and carers attending too. It was a happy celebration of all the good things that we have. We enjoyed singing and talking about the food that we have every day, but we sometimes take for granted. Mrs Rowe showed us some vegetables that had been grown by pupils at Oakfield, with Mrs MgGuire's help. We also learned about how the Church had donated food, as part of their Harvest Celebrations, to help people in need.

Mrs Robinson introduced us to the charity called Food Gives. We learned how we could help people in other countries, who are less fortunate than ourselves, by donating dried food, which will be shipped to other countries. We watched videos about how our food will be collected and delivered to families in other countries. We saw how thankful the families in the video clips were, when they opened their food boxes.

Each class has a box in their room. We ask that, if you are able to do so, each family donates a pack of dried food, such as chickpeas, rice, salt, lentils each term. Although this project was launched for Harvest, it is not just for Harvest! We hope to keep sending boxes throughout this school year. We will get regular updates about where our boxes go to and enjoy knowing that we are helping others less fortunate than ourselves.

Introducing

I'd like to introduce you to the Super Six. As I'm sure you know, we love stories and reading at Little Acorns and Oakfield Primary and this is an exciting reading enhancement we have for every year group from Nursery to Year 6. Every year the children who'd like to, can take on the challenge across the year to read the Super Six collection for their year group.

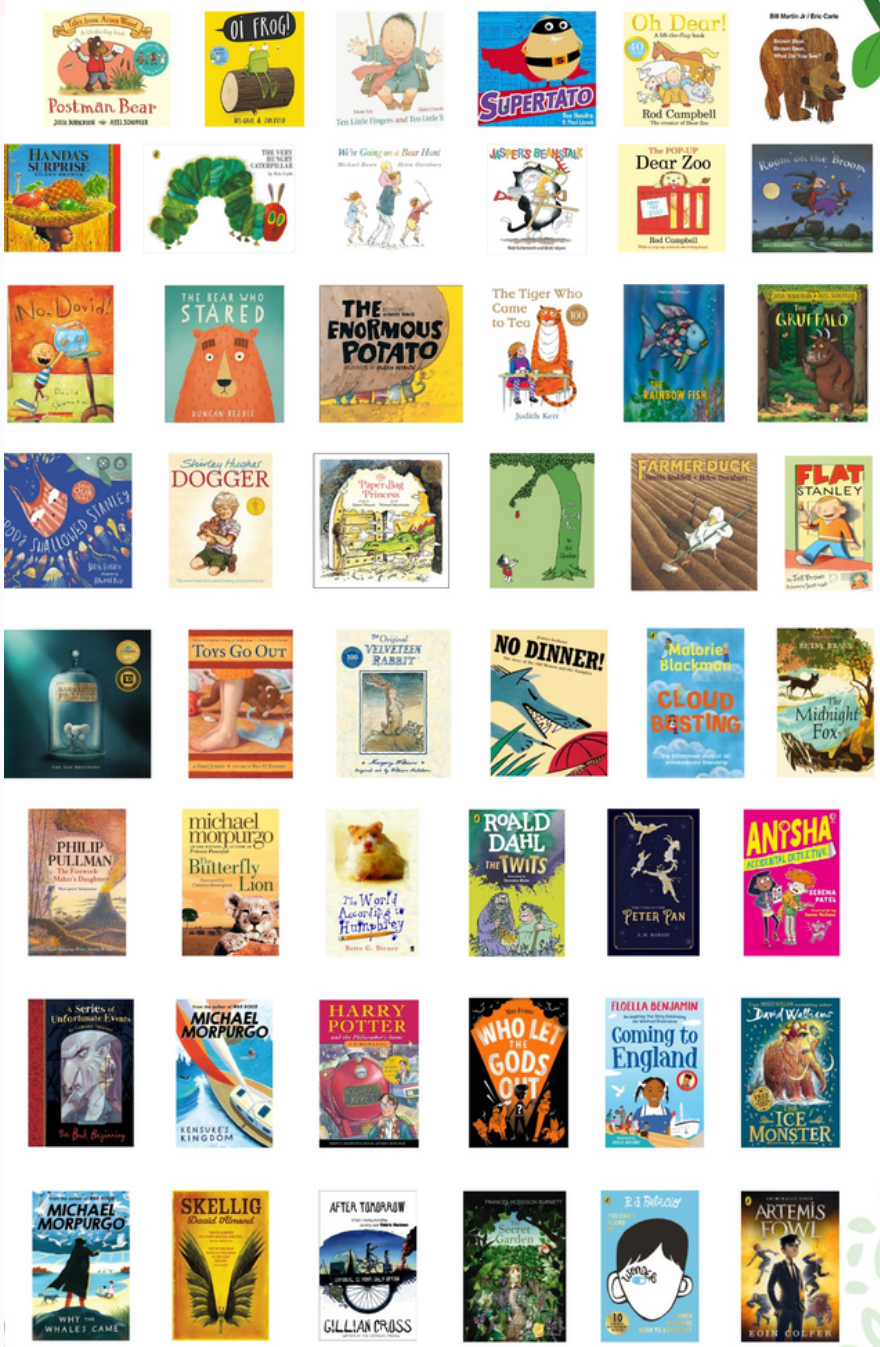
How does it work?

1. Choose a story to read from the Super Six basket or cubby hole.
2. Once you have read the story, talk to your teacher or key person about the story and ask them to stamp your Super Six card. Remember to return the book so someone else can enjoy it too.
3. Repeat steps 1 and 2 for all of the stories in the collection
4. 6 stamps = Super Six award!

Super Six awards are presented in our celebration assembly.

Mrs Doyle

SUPER SIX COLLECTONS



Try to read all of the books across each year to earn your Super Six award!

Oakfield Community Pantry

AT OAKFIELD PRIMARY SCHOOL
APPLEY ROAD, RYDE PO33 1NE

OPEN
MONDAY 3.15-4.30PM
WEDNESDAY 3.15-4.30PM
FRIDAY 3.15-4.30PM

The food pantry is open to everyone in the community. You pay £5 each visit and receive a minimum of £15 worth of produce. A mix of 8 green basic items (eg. cans/packets/yogurts/milk) and 2 red items (eg. meat/washing powder/cheese/ready meals)
Please note items change week to week.

EMAIL: PANTRY@OAKFIELDCEPRI.IOW.SCH.UK
OR CALL THE SCHOOL ON 01983 563732

It is never too early to talk about Christmas... here are some dates for your diary!

OAKFIELD
C.E. AIDED PRIMARY SCHOOL

CHRISTMAS 2023

FESTIVE FUN DIARY DATES

- Friday 1st December - Christingle
- Thursday 7th December - Christmas Jumper & Party Day
- Friday 8th December - Christmas Movie Night, 4.30-7pm
- Tuesday 12th December - Nativity 10.30am
- Thursday 14th December - Christmas Fayre, 3pm-5pm (raffle 4.30pm)
- Monday 18th December - Staff Panto 3.30pm-4.30pm
- Tuesday 19th December - Oakfield Family Christmas Day

Parent/Carer To Do List:

- ☐ Sort a Christmas Jumper
- ☐ Donate an item to the Christmas fayre
- ☐ Buy a gift your child can swap at the Oakfield Family Christmas Day (no more than £2)
- ☐ Decide party clothes
- ☐ Book Christmas lunch/party food

OAKFIELD FAMILY Christmas Day

DEC 19 2023

- SHARING CHRISTMAS TRADITIONS
- OAKFIELD FAMILY WINTER WALK
- CHRISTMAS DINNER
- LOTS OF FESTIVE FUN

WEAR SOMETHING FESTIVE FOR THE DAY:

WARM PARTY CLOTHES,
A CHRISTMAS JUMPER
OR FESTIVE ACCESSORIES

MUST WEAR
SENSIBLE FOOTWEAR

BBC CHILDREN IN NEED IS BACK AT OAKFIELD THIS YEAR ON

FRIDAY 17TH NOVEMBER 2023

BREAKTIME 'BURPEES' COMPETITION

SPOTTY MUFTI DAY

SPOT THE FACE GAME

SPOTTY CAKE SALE AFTER SCHOOL

RADIO SOLENT ARE GOING TO BE COMING FOR SOME OF THE DAY TOO!

Help us to recycle
unwanted clothing

ASPIRE
RYDE
Community Hub

Uniform & Christmas Jumper Swap Shop

Aspire Ryde Community Hub (ARCH), High Street, Ryde

Thurs 2nd - Sat 4th November
10 am - 4 pm

Bring school uniform* that your child has outgrown
and swap it for something bigger.

Plus we'll also be swapping Christmas jumpers this time!

If you haven't got anything to swap - please still come and see us!

**Uniform includes school sweatshirt, trousers or skirts, polo shirts, shirts, shoes, school bags, sports kit, trainers. It doesn't include underwear or socks.*

Please leave **all** donations at ARCH rather than the church in Dover St.

RYDE TOWN COUNCIL

ASPIRE
WELCOMING SAFE SUPPORTIVE BELONGING

The Queen's Award for Voluntary Service
Charity Number: 1163336

Aspire Ryde Community Hub
High Street
Ryde
PO33 2HT
01983 597905
www.AspireRyde.org.uk

THE LIGHT PARTY

31st Oct 4:30-6pm
@ Grace Church
Marlborough Road
Ryde

Hot Dogs!
Games!
Crafts!
Super Hero Fancy Dress!
Goody Bag!
Parents can stay!

PARTY FOR PRIMARY SCHOOL AGE

Book your space to come
RSVP: olituckerpastor@gmail.com

Mrs Crabb's

REMINDERS

SCHOOL UNIFORM

Please check all of your child's school uniform to check you do not have any items which dont belong to you and don't forget to clearly name all of your child's clothing.

We have had reports of a few cases of head lice...

HEAD LICE ALERT

PLEASE CHECK YOUR CHILD'S HAIR TONIGHT!!

TO CHECK

Check the scalp for insects or eggs.
Use a fine-tooth comb on wet hair then comb through the hair in sections looking for eggs or lice, repeat over a few days.

TO TREAT

Wet the hair and scalp with conditioner or use chemical shampoo/ lotion (containing insecticide) – this will kill the lice and eggs. Using a fine metal comb, or special head lice comb you can get from a chemist, go through the hair in sections to comb the lice and eggs out.

Always re-treat 7–10 days after the first treatment, to kill any head lice that may have hatched from eggs that survived the first treatment.

TIPS

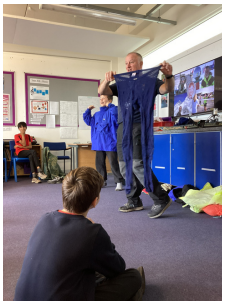
- ✓ Check and treat the hair every night
- ✓ Please tie up long hair for school
- ✓ If your child has head lice please check everyone in the family home
- ✓ Do not share hairbrushes, towels, hats/ scarves etc.

INSPIRATION BY PERSPIRATION

Al Sylvester

YOU CAN ACHIEVE YOUR DREAMS; EVEN IF YOU NEED HELP ALONG THE WAY!

Al Sylvester is an outstanding inspirational speaker renowned for his exceptional leadership and motivational skills that he has utilised while leading the Royal Air Force's first unsupported attempt on the South Pole, and as a Team Leader within the RAF's Mountain Rescue Service where he was actively involved with over 400 operational rescues.



Having worked over the past 9 years in the education sector, he thoroughly enjoys sharing his experiences of survival in extreme cold temperatures. He described how his team survived in tents on Antarctica for 7 weeks while skiing, unsupported, the 600 nautical miles to the Geographic South Pole. He made many comparisons of the extreme differences between his team and that of Sir Ernest Shackleton and Sir Robert Falcon Scott. He concluded his presentation by reliving the effects that frostbite had on him and the mental resilience he displayed to recover, to once again lead by example.

> Layla
> I liked all the pictures of the ice he showed us like when his thumb was frosty and then went black. That's frost bite.

His main message to the children was that he did achieve his dream of getting to the South Pole, but he needed to ask for help!

> McKenzie
> He told us about how they went to the toilet in the south pole. They didn't have toilet paper and I had to use ice and rubber gloves!

> Brannon
> It was more dangerous than they realised when they had to cross a deep crack in the ice – they had to all cross 5m apart so that they didn't crack the ice. The photo showed the different colours of the ice where they'd crossed. I didn't know that ice was more than one colour. Also, toothpaste freezes below zero so they used ice to brush their teeth!

CHARTWELLS

NEW AUTUMN MENU

Chartwells Schools

WEEK 1

W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Turkey Served with Roast Potatoes and Gravy	Beef Bolognese Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Stir Fried Vegetable Rice	Vegetarian Burger Served with Potato Wedges	Vegetable Pastry Roll Served with Mashed Potato and Gravy	Vegetarian Bolognese Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
	All main meals are served with two vegetables				
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit	Original Flapjack	Carrot, Orange and Sultana Slice	Vanilla Ice Cream

PACKED LUNCH AVAILABLE Ham, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian · Oily Fish · Wholegrain · Fruity! · Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Chartwells Schools

WEEK 2

W/C: 06/11, 27/11, 18/12, 15/01, 05/02, 04/03, 25/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Turkey Con Chilli Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Sweet Potato Curry Served with Wholegrain Rice	Macaroni Cheese	Cheesy Leek and Carrot Crumble Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake Served with Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
	All main meals are served with two vegetables				
DESSERT	Apple Crumble with Custard	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake	Strawberry Ice Cream

PACKED LUNCH AVAILABLE Ham, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian · Oily Fish · Wholegrain · Fruity! · Nutritionist's Choice

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Chartwells Schools

WEEK 3

W/C: 13/11, 04/12, 01/01, 22/01, 19/02, 11/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
	Chilli No Carne with Crispy Tortilla Served with Wholegrain Rice	Cauliflower Macaroni Cheese Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Vegetarian Cottage Pie	Crispy Quorn Nuggets Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
	All main meals are served with two vegetables				
DESSERT	Magic Apple and Cinnamon Bake	Strawberry Jelly	Orange Shortbread with Fruit Slice	Banana and Carrot Cake	Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE Ham, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian · Oily Fish · Wholegrain · Fruity! · Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Oakfield start back on Week 2, Monday 6th November with a special Rocket Menu. Please see below

FREE EVENT

KEEP WARM AND WELL

WINTER IS COMING

GET FREE HELP FROM THE FOOTPRINT TRUST WITH ENERGY & WATER BILLS

With many partner organisations providing help with jobs, benefits, energy saving grants, heating upgrade grants etc

Wednesday 8th Nov 2pm-7:30pm
NCCC, 64 High Street, Newport

For immediate help call: 01983 822282

COMMUNITY FUND

Scottish & Southern Electricity Networks | Powering our community

Clay Days at Newport Roman Villa on Wednesday 25th Oct, Friday 27th October and Friday 3rd November (10am – 2.30pm). Entry will be just £1 per person.

SCHOOL DIARY DATES

Monday 23rd October - Fri 3rd November	October Half Term
Friday 17th November	Children in Need - Spotty mufti & cake sale
Monday 27th November	SCHOOL & Little Acorns CLOSED FOR WHOLE STAFF TRAINING
December	See Christmas dates poster inside for all of the festive diary dates
Tuesday 19th December 2023	Oakfield Family Christmas Day School Closes at 1.30pm
Monday 4th March 2024	SCHOOL & Little Acorns CLOSED FOR TEACHER TRAINING
Thursday 28th March 2023	School Closes at 1.30pm
Friday 24th May 2024	SCHOOL & Little Acorns CLOSED FOR TEACHER TRAINING
Friday 28th June 2024	SCHOOL & Little Acorns CLOSED FOR TEACHER TRAINING
Friday 26th July 2024	School Closes at 1.30pm

Cut here and keep on the fridge!