

PSHE Curriculum Map

(SCARF – safety, caring, achievement, resilience, friendship)

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme/topic	Me and My relationships	Valuing Differences	Keeping myself safe	Rights and Responsibilities	Being my best	Growing and Changing
Early years (See year 1 SCARF plans – select appropriate plans for early years)	Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus	Includes aspects of Relationships Education	Includes money/living in the wider world/environment	Includes keeping healthy/Growth mindset/goal setting/achievement	Includes RSE related issues.
Year 1/2	Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus	Includes aspects of Relationships Education	Includes money/living in the wider world/environment.	Includes keeping healthy/Growth mindset/goal setting/achievement	Includes RSE related issues.
Year 3/4	Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus	Includes aspects of safe internet use, drugs and Relationships Education	Includes money/living in the wider world/environment	Includes keeping healthy/Growth mindset/goal setting/achievement	Includes RSE related issues.
Year 5/6	Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus	Includes aspects of safe internet use, drugs and Relationships Education	Includes money/living in the wider world/environment	Includes keeping healthy/Growth mindset/goal setting/achievement	Includes RSE related issues.
Year 6	Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus	Includes aspects of safe internet use, drugs and Relationships Education	Includes money/living in the wider world/environment	Includes keeping healthy/Growth mindset/goal setting/achievement	Includes RSE related issues.

Enhancements

Healthy Eating Week



Physical Exercise



Emotional wellbeing

