

FROZEN ICE PAINTS

Make some amazing, vibrant frozen ice paints for sensory play.

HOW TO MAKE FROZEN ICE PAINTS



I confess to this being the easiest, lowest prep art activity ever! Simply squeeze a little ready mix or powder paint in a range of bright colours into the holes of a large muffin tin, top up with water and mix together thoroughly until the colour is combined and bright. Try using a toothpick to mix so that you don't stain your hands.

Then quickly pop the tray into the freezer before the paint and water separate and leave until frozen solid

When they're ready to use simply pop them out onto some large sheets of paper in a sensory table or on the floor and try making marks with them!

The kids have to work fast before they start melting, but actually the colours blend best when the melting process has started! It's so much fun

In many ways this is more about the sensory experience of handling icy paint blocks than the art that is produced, although the colours did create some beautiful effects too! Once dried they made wonderful abstract art works which could be collaged over or used to make more art too.

As with our frozen ice blocks sensory play, they enjoyed trying to break down the ice as they used it. chipping away with spoons and smooshing it into the paper as it began to melt.

