
















ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Spring Menu 2018

caterlink
feeding the imagination
















		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	<p>Chicken Chow Mein</p> 	<p>Wholemeal Chicken and Red Pepper Pizza with Baked Potato</p> 	<p>Roast (as advertised) With Roast Potatoes and Gravy</p> 	<p>Beef Meatballs in a Tomato Sauce with Rice</p> 	<p>MSC Breaded Fish With Chipped Potatoes, Tomato Sauce</p> 
	Vegetarian	<p>Potato & Courgette Layer Bake</p> 	<p>Lentil and Vegetable Curry with Rice</p> 	<p>Cheese & Pepper Whirl with Roast Potatoes</p> 	<p>BBQ Quorn with Rice</p> 	<p>Glamorgan Sausage with Chipped Potatoes</p> 
	Dessert	<p>Fruit Yoghurt and Shortbread</p> 	<p>Apple and Mixed Berry Crumble & Custard</p> 	<p>Banana Sponge & Custard</p> 	<p>Pineapple upside down Cake with Custard</p> 	<p>Pear & Ginger Muffin</p> 

Available: Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt

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		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Main	Hot Dogs with Homemade Tomato Sauce and Homemade Jacket Wedges 	Baked Greek Lasagne 	Roast Turkey with Roast Potatoes & Gravy 	Beef Goulash with Rice 	MSC Battered Fish Chipped Potatoes, Tomato Sauce 
	Vegetarian	Quorn Hot Dog with Tomato Sauce 	Wholemeal Spinach & Tomato Quiche with New Potatoes 	Mixed Vegetable Loaf 	Quorn Mince Pasta Bolognaise 	Cheese and Tomato Pizza with Chipped Potatoes 
	Dessert	Pear Crumble and Custard 	Apple, Cheese and Biscuits 	Chocolate Cookie with Natural Yogurt 	Apple & Berry Strudel with Custard 	Chocolate and Orange Brownie 

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yogurt

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		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Main	Beef Burger in a Bun 	Turkey & Vegetable Pie 	Roast Chicken & Stuffing with Roast Potatoes and Gravy 	Beef Tortilla Stack & Rice with Garlic Slice 	MSC Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce 
	Vegetarian	Vegetarian Burger in a Bun 	Mixed Bean Cassoulet with Mash Potato 	Vegetarian Wellington with Roast Potatoes 	Macaroni Cheese 	Cheese Tomato & Spinach Frittata with Chipped Potatoes 
	Dessert	Carrot & Sultana Cake with Custard 	Tufi Fruity Tuesday 	Wholemeal Peach Crumble & Custard 	Jelly with a side of Mandarins 	Lemon Surprise Cake 

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and vegetables